

CCCS Ground & UDF Team School Packing List

24 hour pack:

1) On your person:

- a) Complete BDU uniform with BDU cap. *
- b) Notepad and Pencil *
- c) CAPID & 101 card *
- d) Watch *
- e) Handkerchief or Tissues *
- f) Vest, reflective, orange *
- g) Comb or brush (optional, carry if needed)
- h) Ground & UDF Team Task Guide *
- i) Signal Mirror
- j) Whistle *
- k) Pocket or utility-type knife, multipurpose with can opener. Swiss Army knives, Leatherman, or Gerber Tools are recommended. *
- l) Eye Protection *

2) Day pack (preferably red or orange), webbed gear, or other SAR/Survival Vest (T) containing:

a) First Aid Kit, stored in zip-lock bag or other waterproof container, recommended that it consists of the following:

- (1) 2 Antiseptic cleansing pads *
- (2) Antiseptic ointment *
- (3) 6 Band-Aids, various sizes *
- (4) Moleskin, 2" X 4" *
- (5) Roller bandage
- (6) 2 Safety pins, large
- (7) 4 gauze pads *
- (8) 1 Triangular Bandage
- (9) Tape, first aid *
- (10) Any personal medication (your team leader should know what you have and where you carry it.) *
- (11) Rubber surgical gloves (two pair minimum) *

b) Survival Kit, stored in zip-lock bag or other waterproof container, consisting of:

- (1) Duct tape, 5-10 feet (does not need to be a whole roll. May be wrapped around a stick.) *
- (2) Large Leaf Bag *
- (3) 12 wooden, waterproofed matches
- (4) Match container, waterproof, with striking surface
- (5) 1 Chemical Light Stick, Green *
- (6) 50' of nylon line (paracord or similar line).

c) SAR Equipment stored in zip-lock bags, consisting of:

- (1) Change of socks *
- (2) Flagging Tape, 1 roll *
- (3) Flashlight (with red or blue lens), with spare bulb and batteries *
- (4) Spare flashlight (penlight will do) *
- (5) Insect repellent *
- (6) Lip balm, with sunscreen
- (7) Sunscreen lotion *
- (8) Tissue Paper *
- (9) Work Gloves, leather *
- (10) Interviewing Forms
- (11) 4 Moist Towelettes, clean, in foil wrapper *

(12) Change for phone calls, calling card, or cellular phone to call mission base

- d) 2 MREs *
- e) Shelter Material, preferably 8' X 10' (spare military poncho meets the need)
- f) Coat for appropriate climate, if necessary (in pack if not wearing it)
- g) Poncho *
- h) Canteen(s) to carry 2 quarts of water *
- i) Compass Pouch, containing compass, lensatic or orienteering (orienteering preferred). Compass should have a "glow in the dark" dial. *
- j) Map Equipment:
 - (1) Protractor for map work.
 - (2) Map Case (Large Zip-Loc bags can be used if necessary)
 - (3) Pencil, with eraser (plus sharpener if not a mechanical pencil) *
 - (4) Alcohol Pens, fine tip, at least 2 colors (neither the color of your colored flashlight lens) *
 - (5) A straightedge ruler, at least 6" long (Some protractors may have a ruler as well).

Extended duration pack: a backpack (preferably with frame) containing:

- 1) Tent (optional, if you are sharing a tent with someone else who is carrying it) *
- 2) Spare rank and CAP cutouts (for cadets)
- 3) 4 MREs *
- 4) 2 Large Leaf Bags *
- 5) Bag, waterproof, containing:
 - (a) Spare uniform *
 - (b) Underwear and socks, 3 changes *
- 6) Sleeping pad, foam or inflatable. *
- 7) Spare boot laces.
- 8) Kit, sewing, with spare buttons.
- 9) Shoe Shine Kit
- 10) Toilet Kit, that should contain:
 - (a) Toothbrush and paste *
 - (b) Shaving Kit (if you shave)
 - (c) Deodorant *
- 11) Sleeping Bag or Bedroll appropriate to climate *
- 12) Entrenching Tool